

Medvivo



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What is a health plan?

The Simplyhealth plan allows you to claim money back towards what we call your 'everyday health costs'.

These include costs towards eyesight tests, prescription glasses or contact lenses, dentist treatments like check-ups or fillings (for both NHS and private practices), and much more.

You also have access to MyWellbeing which helps you to look after your overall health, fitness and happiness, with a great range of tools.

[Video Link](#)



Amount you can claim back each year	
Covered children will share each annual entitlement	
Level 2	
All benefits are 100% payback	
Healthy eyes and teeth	
Sight tests, glasses and contact lenses	£75
Everyday dental treatment – hygienist’s fees, fillings and more	£75
Dental treatment needed as a result of an accident	£300
Healthy body	
Seeing a Chiropractor, Osteopath, Physiotherapist or Acupuncturist	£200
Seeing a Chiropodist, Podiatrist or Reflexologist	£50
Discounted gym membership*	✓
Healthy mind	
Helpline service, including telephone counselling*	24 hours a day
Healthy checks	
Finding out what’s wrong – appointments with a consultant, plus tests and scans	£300
A health assessment that includes: • BMI and body fat percentage • blood pressure reading • cholesterol or diabetes check • kidney or liver function test	£100
Seeing a GP, a dietitian for a consultation, or having an inoculation/vaccination	£75
NHS and private prescription charges	£20
Speak to a GP*	24 hours a day
Private prescription delivery service when prescribed using ‘Speak to a GP’. (There is a charge for the delivery service)	✓
Healthy extras	
Cash amount for each day or night to help towards everyday expenses if you need to stay in hospital (up to 20 days/nights)	£20
Single cash amount if you have a baby or adopt a child (6 month qualifying period)	£200
Worldwide cover - you’ll be covered wherever you are in the world	✓
Optional choices - these have been selected for you by your employer	
Face to face counselling Available in UK, Channel Islands and IOM only	Up to 6 sessions, per issue, per year

*Services accessible via our myWellbeing platform. Additional services are also available.

Health Plan Benefit Summary

- This benefit table provides detail of what is included in your cover. You can select a level according to the amount of reimbursement you require from the various categories.
- You can add up to 4 children to your policy for FREE and they will share one pot.
- You can also add a partner at cost.
- You have up to 6 face to face counselling sessions covered under Healthy Mind and unlimited telephone services.
- You or anyone in your house hold have access to a 24/7 over the phone GP service

myWellbeing

Employee Assistance Programme

24/7 counselling
and practical information

Maintain a healthy outlook and mind set by talking to the experts whenever you need to. They can help with:

Financial & legal worries



- Consumer rights
- Buying or renting a property
- Neighbour disputes
- Budgeting advice

Relationship advice



- Emotional support videos & fact sheets
- Childcare advice
- Information around eldercare
- Separation advice

Medical information



- Unlimited access to comprehensive medical information
- Online health checks
- Specialist medical factsheets
- Fitness advice & exercise videos

Counselling & support



- Access to BACP* qualified counsellors and advisors
- Immediate emotional support
- Short term solution focused
- Manager support

Lifestyle discounts



Access your discounts

Perform well at work and at home with discounts and offers for gym memberships, sports equipment and family days out.

*British Association for Counselling & Psychotherapy

GP advice

Whenever and wherever your employees need it 24/7

1

Call the GP helpline, a specially trained operator will ask some high level questions about your employees situation, then they'll book a time slot with a GP.

2

The GP will call within 15 minutes of the appointed time. Plus, if they feel medication is appropriate they can issue a private prescription. Controlled medication cannot be prescribed

3

Employees can choose for their private prescription to be delivered to their home or work address.



Online health resources

Online health resources

Here you will find reliable, up to date, medically validated information as well as tools for finding your nearest health providers.



Health checkers

We've brought together some great tools to help you monitor your health and wellbeing.

Health checkers



Find my nearest

Search for the healthcare services you need, from hospitals to dentists, using these helpful tools.

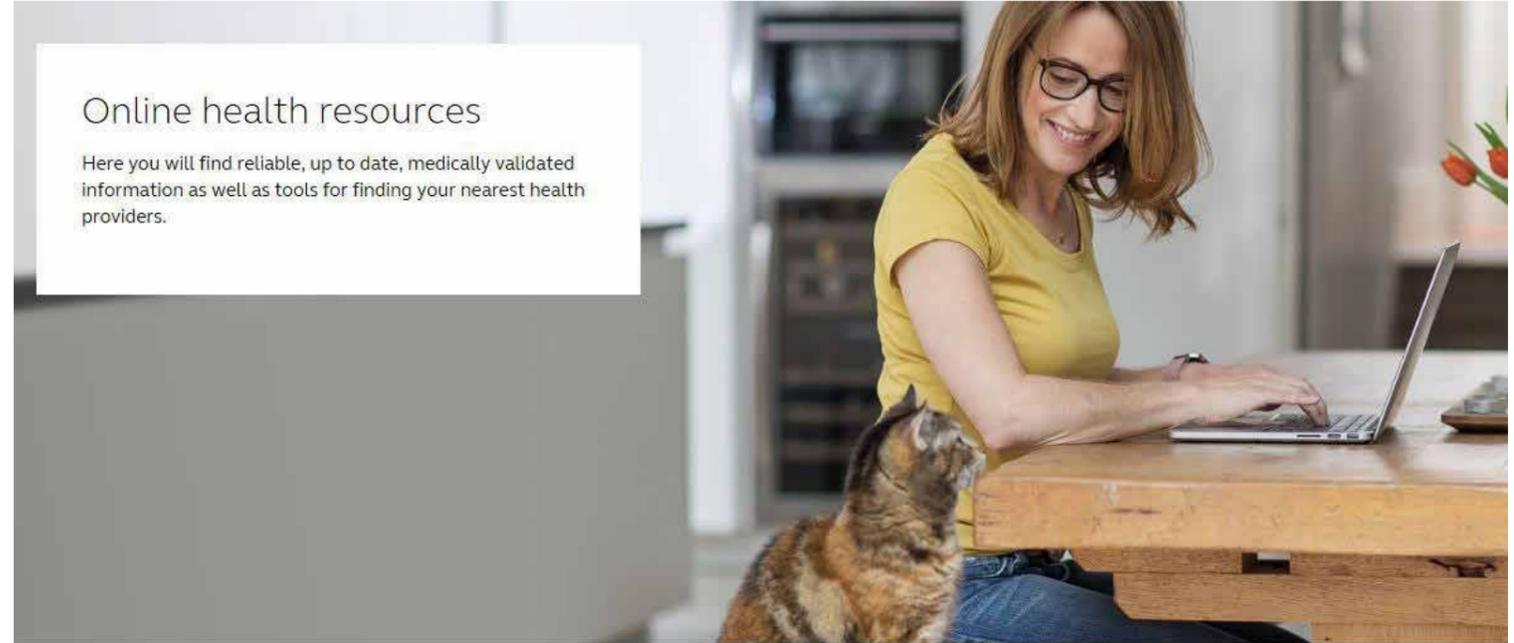
Find my nearest



Online health advice

Here you'll find advice, guidance, practical steps and online assessments to help you measure, monitor and improve your health status.

Online health advice



Online claiming and policy management

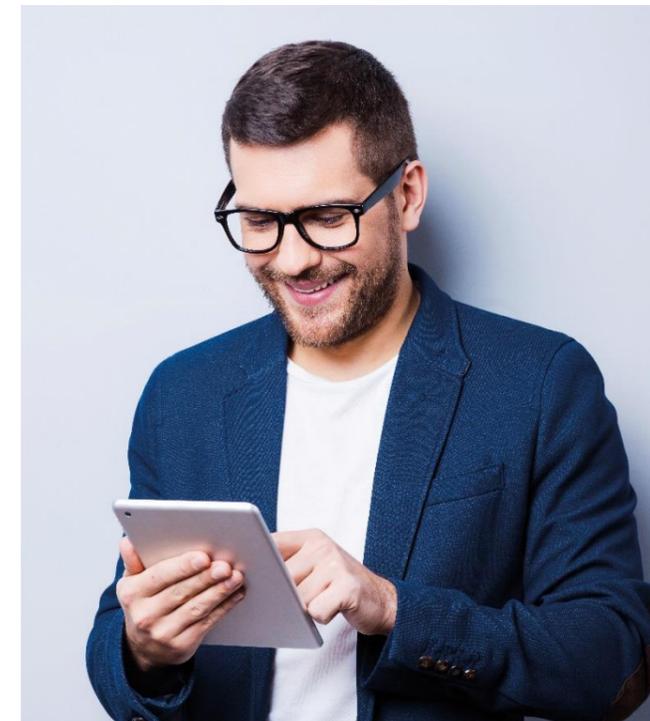


Making a claim

Making a claim is easy with no complicated forms to complete.

Here's how the process works

- ① Your employee attends an appointment with a healthcare professional, pays for it as normal, and retains the receipt.
- ② They then photograph or scan the receipt before making a claim online via [Simplyhealth.co.uk](https://www.simplyhealth.co.uk)
- ③ Simplyhealth processes the claim and pays it directly into your employee's bank account. Most claims are paid within two working days.



Policy documents
can be viewed online

Employees can
also track their
claim progress
throughout

[Watch the video:](#)





We've made claiming your money back easy with our online claiming service.

It's simple to use and available wherever you are and whenever you need it.

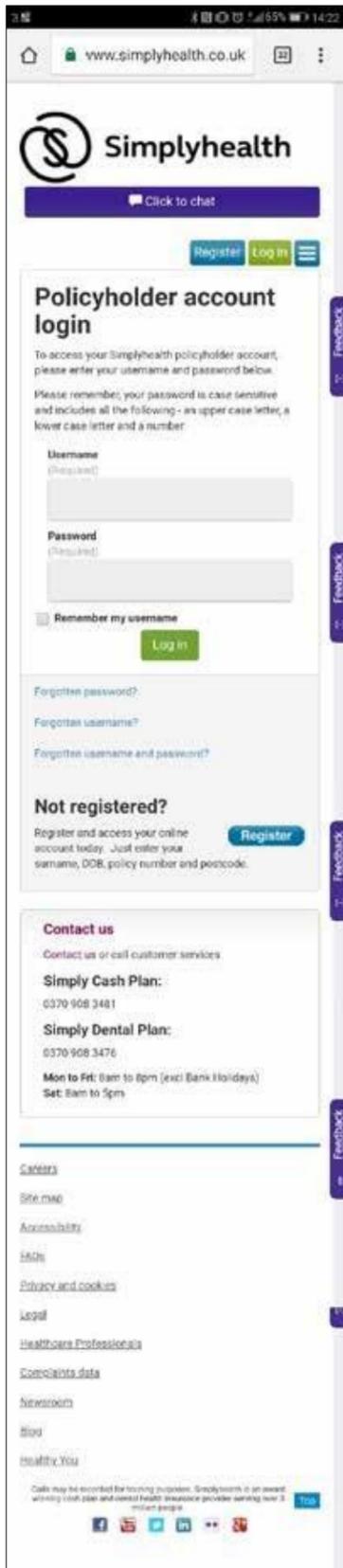
—Log in and claim at simplyhealth.co.uk/login

Simplyhealth is a trading name of Simplyhealth Access, which is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Simplyhealth Access is registered and incorporated in England and Wales, registered no. 183035. Registered office: Hambleden House, Waterloo Court, Andover, Hampshire, SP10 1LQ.

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- 1 Attend your healthcare appointment, pay for it, and keep hold of your receipt
- 2 Log in to your online account and select 'make a claim online'
- 3 Fill-in the details and upload an image of your receipt
- 4 We'll process your claim and you can track it online





Our online servicing area has been optimised for use on mobile devices.

Employees also receive welcome and claims information by email.



Click to claim



LOG IN!

- GP information and telephone number
- EAP information and telephone number
- Policy information
- Claims data
- FAQs
- Gym Discounts

Any Questions?

If you get stuck there is a Live Chat function on our website, this connects you right away with one of our advisors.

Alternatively please feel free to call us!

0370 908 3481

