**WORKING TIME REGULATIONS OPT OUT AGREEMENT**

**Name of Employee:**

**Post:**

**Employment Location:**

***This agreement is drawn up under the Working Time Regulations (Statutory Instrument 1998 No. 1833) and provides for you to enter into an agreement with the Company to opt out of the 48 hours limit in respect of the total weekly average hours required in your case.***

I agree that the 48 hours weekly limit specified in the Working Time Regulations 1998 – Regulation 4(1)1 shall not apply in my case.

I understand that this agreement will apply from (date)

I am fully aware that I have a responsibility not to work hours so long that they may impair my efficiency or expose my colleagues, the public or property to risk

I understand that the Company may need me to keep a record of my working hours and I will do this, as and when required. If requested at any time, I will produce the record to the Company or to any Health and Safety Official.

I agree to give not less than one months’ notice to bring this agreement to an end.

I am aware that I am under no obligation to sign this agreement and that it is illegal for me to be subject to any detriment if I decline to sign.

**Signature:**

**Date:**

**A copy of this form should be sent to the HR Manager.**

**The original will be placed in the Employee’s Personal File.**

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1 Subject to regulation 5, a worker's working time, including overtime, in any reference period which is applicable in his case shall not exceed an average of 48 hours for each seven days

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